



Delta
Community
Action Team

Pocket Resource Card

Emergency

AMBULANCE, FIRE,
POLICE, INHALATOR
911

COMMUNITY
SERVICE
INFORMATION
211

FRASER HEALTH
CRISIS LINE
604-951-8855



www.deltaoverdose.ca
@DeltaCommunityActionTeam
DeltaCATeam@outlook.com

Naloxone, Sterile Supplies & Drug Checking

- **Lookout Mobile Harm Reduction Outreach Team** 604-328-7610
7 day/week coverage
- **North Delta Public Health Unit** 11245 84 Ave, Delta, V4C 2L9 | 604-507-5400
- **South Delta Public Health Unit** 4949 Canoe Pass Way #1826, Delta, V4M 0B2 | 604-952-3550
- **Local Pharmacies**
- **SafePoint Supervised Consumption** | 604-587-7898 | Call for updated hours and location
- **SafePoint Drug Checking** 2-10681 135A St, Surrey, V3T 4E3 | 604-587-7898 | Wednesday 12:00 p.m. - 5:00 p.m
- **Sources Peace Point Overdose Prevention Site** 604-209-3672 | 604-219-4112 | 15521 Russell Avenue | White Rock, V4B 2R4
- **Options Mobile Outreach Team**
604-765-6751 Monday -Friday 8am-4pm
- **Towards The Heart** BCCDC harm reduction services
- Fraser Health – Stay Safer Website



Use the
LIFEGUARD APP



Resources for Safer
Substance Use
Website



Stay Safer
Website

Never Use Alone.

Mental Health & Substance Use

- **Fraser Health Overdose Outreach Team** Non-abstinence based support & resources | oot@fraserhealth.ca | 236-332-4857
- **North Deltassist** (Naloxone & Free Counselling) 9097 120 St, Delta, V4C 6R7 | 604-594-3455 | Monday - Friday 9am-4:30pm
- **South Deltassist** (Naloxone & Free Counselling) 202 2K2, 5000 Bridge St, Delta, | 604 946-9526 | Monday - Friday 9am-4:30pm
- **Dan's Legacy** | Free counseling for 15-25 years | danslegacy.com
- **Phoenix Society (Little House Alcohol & Drug Addiction Recovery Society)** 5061 12 Ave, Delta, V4M 2A7 | 778-522-5160
- **Quibble Creek Sobering and Assessment Centre** 13670 94A Ave, V3V 1N1 | 604-580-4965
- **Creekside Withdrawal Management Centre** 604-587-3755 | 13740 94A Ave, Surrey
- **Delta South Mental Health & Substance Use Centre** 15-1835 56 Street, Delta, V4L 2L8 | 604-948-7010 | Monday - Friday 8:30am to 4:30pm
- **Delta North Mental Health & Substance Use Centre** 129-6345 120th St., Delta, V4E 2A6 | 604-592-3700 | Monday - Friday 8:30am to 4:30pm
- **310 Mental Health** 310-6789 (no area code)
- **Virtual Mental Health Supports Virtual** | 1-833-308-6379 | Foundry BC App

Access to Shelter

- **Extreme Weather Shelter** 4960 48 Ave, Delta | Ladner United Church | 604-599-8900
- **Gateway Shelter** 10667- 135 A St, Surrey BC V3T 4E3 | 604-589-7777
- **After Hours Emergency Services** 604-660-3194
- **Bill Reid Shelter** | 604.574.4341
- **Options Community Services Mobile Outreach Team** 604-765-6751 | hylandoutreach@options.bc.ca

Access to Food

- **South Delta Food Bank** Lighthouse Church | 5545 Ladner Trunk Road | 604-946-1967 Wednesdays 9am-11am
- **North Delta Food Bank Depot** Northside Community Church | 11300 84 Avenue | 604-581-5443 Every Second Tuesday, 10am-12pm
- **North Deltassist** Free emergency food bags | 9097 120 St., Delta, V4C 6R7 604-594-3455 Monday –Friday, 9am-4:40pm
- **Crossroads United Church** 7655 120th Street | 778-593-1043 Every first and third Sunday, 2pm